Dearest Beings of Light! You come into the “Dog Days” of your Summer — the time when Summer begins to rein in its headlong growing sprint, and slowly, reluctantly, turns its face to the next season. It is a tremendous transition time, made larger by the unfolding evolution in your world, and the many events which serve to unfold that evolution in front of you.

We wish to speak with you today about those many events and their meanings, as well as light the way forward for you, so you may see more clearly where all of this is calling you.

12 Weeks of Deep Work

This latter part of your Summer has been quite an intense time for you. The intensity has been due, in large part, to the very massive pair of eclipses through which you have recently cycled. Eclipses always come in pairs: When there are eclipses, you will always find a Lunar Eclipse at the Full Moon, followed exactly two weeks later by a Solar Eclipse at the New Moon.

The two weeks between the Lunar and the Solar Eclipses are always an intense two weeks. Intense means that those two weeks are rich with potential learning for you. Learning always requires that you let go of who you think you are, in order to expand into a larger version of yourself. You very often shy away from this — making learning opportunities times of intensity, in which you routinely practice your imitation of Kipling’s famous Push-Me-Pull-You!

Some eclipse pairings are relatively minor, in terms of the energy they generate. But when the eclipses are powerful ones, then not only are the two weeks in-between Lunar and Solar Eclipses intense, but the two weeks preceding and the two weeks after the eclipses are also very intense periods. It is as though the eclipses carry a much more extensive shadow, which you feel both before and after the eclipses themselves.

As you know, these recent eclipses were very powerful and you currently find yourselves in the two-week shadow following the eclipses. And here is an unusual event: You will find that just as you complete these final weeks, you will enter another two-week period of intensity! This next period is already the shadow that readies you for the September Equinox. And following the Equinox on September 21st, there will be yet another two-week shadow in which you continue to feel the effects of the Equinox. Thus, you will have been in a time that is rich with learning opportunities from about July 24th through October 14th! That is approximately twelve weeks of high intensity. Why? What learning could possible take all this time to grow into?
Completing the Spiral of History

Dear Ones, you have been evolving at a breakneck pace. You know this, you feel it, you often cannot hardly catch your breaths before you are called to race off to the next Herculean endeavor. When do you ever get to just stop — long enough — to look at your self, to understand where your path has taken you, to measure your growth, to integrate your experience, to find out who you are becoming, to check in with your heart’s desires, to...?

Ahhh... And that is the purpose of eclipses. Eclipses serve to put the “Pause Button” on your wild and tempestuous gallop through this world. Eclipses force you to stop and catch up with yourselves. They offer you the chance to look at where you’ve been, where you are now, and where you want to go. They give you the opportunity to make serious mid-course corrections — to enable your paths to better reflect who you are becoming, so that you stay in better alignment with the Divine Design which you and God conceived before you came into this lifetime.

As you know from the previous transmission, these recent eclipses on August 7th and August 21st coincide with the completion of the Spiral of History you have been in for more than 6,000 years, and the opening of the brand new Spiral of History, which you have just barely begun to enter.

No wonder these eclipses were particularly powerful for you! What a perfect time to pause and review where you’ve come and where you are headed, and make some necessary adjustments. And indeed, what do you see, when you look within? What is this great thing that you are calling upon yourselves to learn that makes this transition so very intense?

Heavy UnConscious Pieces

Dear Ones, what you are perceiving is that even though you come to the end of this Spiral of History as whole as you know how to be, you are not whole at all! In the great empty space between Spirals, there is finally the clarity to see that in spite of all the work you have done to become more and more Conscious, you also carry with you whole suitcases, full of... you-don’t-know-what. You have never unpacked these and you have no idea what is in them. You didn’t even know you were carrying these around with you, until a mere few weeks ago!

What are these? They are the big heavy unConscious pieces of you that you have carried around with you forever. You have carried them for so long, that they feel as though they are a fully incorporated part of You! They feel “normal” to you, as much in alignment with who you are as the “air you breathe.”

In these twelve weeks, for the first time, you are able to recognize that not only are you carrying these suitcases — but that they are like deep heavy shadows which “eclipse” you — without your ever really knowing that they have been there!

12 Weeks to Lighten Your Load

And so, in these twelve weeks, you are faced with the challenge of collecting and claiming these suitcases, unpacking them, sorting through all the unConsciousness in them, deciding what you are keeping and what you are discarding — and truly lightening your load — that is, getting yourself ready to enter the next Spiral of History that is now open to you.

Many of you are coming face to face with issues that have been so deeply buried that you have trouble even finding language with which to conceptualize them. Some of you are finding that the pieces you are grappling with belong not only to you, but to the entire lineages which have produced you. Some of you are finding that sorting it all through is like trying to make your way through enormous mountains of debris that collapse upon you and bury you every now and then — because it is not only your stuff, but the stuff of your entire cultures, the stuff of your collective histories and herstories, the stuff of having been Human on your Earthplane.

Do you understand why life has felt so very intense since the middle of the Summer, and
continues to bump up in your face in the most challenging ways? You are collecting yourselves, catching up with yourselves, and bringing yourselves up to speed.

**THE MAIN ISSUE**

And no matter what shape it is taking as it presents itself to you over this period, what has been in those heavy suitcases of unConsciousness all this time? It is of course, the issue that we spoke with you about in the most recent transmission: The very painful and complex relationship between the Divine Masculine and the Divine Feminine.

We remind you: In the beginning, in the Garden of Eden, FullSource (the united Divine Masculine and Divine Feminine) was fully present. The Garden of Eden was lost because your vibration fell from Fifth-Dimensional Consciousness to Third-Dimensional Consciousness. One of the hallmarks of 3D is the free-will choice to separate from the Divine. If FullSource remained present on this Earthplane, it would have prevented you from choosing that separation. And so FullSource withdrew, so you could choose separation if you wished.

But the Divine Feminine couldn’t bear the thought of you being so fully separated from the Divine, and so She separated HerSelf from the Divine Masculine, and joined Humankind in its 3D “exile” here on Earth. The Divine Masculine could never join Her on Earth, no matter how much He missed Her, because His Presence with Her on 3D Earth would immediately nullify your choice to separate, which is your free-will right in 3D.

And so the Shechinah could “rise up” and unite with Source every now and then, but the Divine Masculine, Source, could never “land” on Earth to re-unite with the Divine Feminine, the Shechinah. As a result, Earth and the material world became the realm of the Shechinah, and the higher worlds, Heaven, became the realm of Source.

In the last transmission, we spoke at length about all the wounding both the Masculine and the Feminine experienced and continue to experience as a result of this separation between the Divine Masculine and the Divine Feminine. Each of you carries within you full Masculine circuitry and full Feminine circuitry. You are each both Masculine and Feminine. You have each, in many “previous” lifetimes, lived in both male and female forms. You hold within your beings the full woundings of both the Masculine and the Feminine.

And you have never been able to open these suitcases and acknowledge and sort through and attend to these tremendously complex and twisted and knotted-up hurts and griefs and shames and guilts and blame-games and abuses and stand-offs and life-destroying and world-destroying catastrophes — because the basis for all of this remained the same: The Divine Feminine was alone and in charge of the material world on this Earthplane (all by HerSelf, and so, to blame), and the Divine Masculine was alone and apart from this Earthplane (and so, idealized). And so these suitcases were a given, and were so second nature to you that you hardly knew you were being eclipsed by their shadows.

**LONG SEPARATION IS ENDING**

And this was how it was going to be until you, Humankind, could grow and expand your Consciousness to the point where your vibration could raise itself to the level of Fifth-Dimensional Oneness Consciousness, once again — because in 5D Oneness, there is free-will to follow any one of an infinite number of Divine Designs — but there is not the free-will to Separate. (If you were to choose Separation, you would immediately “fall” out of 5D Oneness, and back into the lower range of vibration, because Separation belongs to 3D.)

What does it mean that you now have this awesome task in front of you to claim these suitcases, open them up and attend to all that they have been shadowing you with??

Yes!! — it means that you are attaining Oneness Consciousness! It means that your long
3D journey through Separation is coming to a close. It means that FINALLY the Divine Feminine, the Shechinah, does not need to be alone, in charge of the material world by HerSelf. It means that the Divine Masculine, Source, does not need to be banished from this Earthplane — but can return and join the Shechinah, in Oneness, once again. It means that the Divine Masculine and the Divine Feminine can unite as AnochiFullSource — and that FullSource can be God on this Earthplane once again — so that the "exile" is over for the Divine Feminine and the Divine Masculine, and for you, Humankind.

**INTENSE LEARNING OPPORTUNITIES**

We spoke with you last time about the opening of the 13th S’firah, the 13th Gateway to the experience of the Divine, in the Tree of Life. We shared with you that this new Gateway was formed as the energetic pathway that had always existed to carry energy up from the Gateway of the Divine Feminine to the Gateway of the Divine Masculine, now was growing itself — to carry the energy down from the Divine Masculine to the Divine Feminine. You can perceive that as this pathway is completed, the energy can now flow in an uninterrupted circle — and this circle becomes the 13th S’firah or Gateway into the experience of AnochiFullSource.

These twelve weeks provide you with some of the most intense learning opportunities you as Human Beings, will ever have. The work of bringing the deeply unConscious into the Light and attending to the very ancient pain there is big and overwhelming and exhausting work. And you are just now beginning to put yourselves back together again in new and vastly improved ways.

And in this, you are of course finding that everything around you also has to be brought up to speed, in order to match your growing wholeness. And so you are watching as seemingly everything around you breaks down, or falls apart, or no longer works, or floods, or gets destroyed — so that you are required to replace it all. There have been car accidents and appliance disasters and floods and leaks and rips and tears and... For some of you, it seems as if you are breaking apart, as you fracture bones, or face disintegrating joints, or experience failing muscles, or systems that no longer work well. It can feel as though your whole world is breaking apart, breaking down. Dearest Ones, it is.

**ECLIPSE WAS A RE-BOOT**

And so we wish to speak with you now about this particular Solar Eclipse, which all of you experienced as such a significant event, even if you didn’t really know why. We shared with you that all eclipses are intended to very temporarily put your life on “pause”, so that you can do a quick inventory and make necessary mid-course corrections. The Solar Eclipse of August 21st provided that for you, but its energy was so strong that that mid-course correction was more like a “wiping of the slate.” Your world was not only “paused”, it was entirely “rebooted”.

And what does that mean? What was “re-booted”? What was “wiped clean”?

There is a very old myth that is carried by a number of your cultures. In that myth, the Moon is quite distressed that she is made so much smaller than her partner, the Sun. To comfort her, she is reminded that she will be much closer to the Earth than her partner will be, she will have a stronger effect upon all the waters of Earth, will direct the passage of time, and will be adored by lovers and poets and musicians. But still, the inequality between the Sun and the Moon causes a rivalry between them, and neither is satisfied with the other. The beings on Earth feel the disharmony between the great lights that are like their Father and Mother, and they begin to treat each other with the same anger and resentment they see in their parents. The violence on Earth becomes so great that Earth’s beings cry out to the Creator for justice. When they are asked what should be done, they tell the Creator that it is only when the Sun and the Moon shall be the same size that there will be peace on Earth.

Dear Ones, when are the Sun and the Moon
the same size? They are the same size during a full Solar Eclipse. Indeed, the Creator creates perfectly. Your Sun is 400 times larger than your Moon — but also 400 times further from your Earth. During a complete Solar Eclipse, you can see very clearly, that they appear to you as the same size.

**BIG CHANGES AT THE SAME TIME**

There is no coincidence that this full Solar Eclipse of August 21st occurred at the same time that you are completing the 6,000+ year Spiral of History and just getting ready to enter a new Spiral of History; occurred at the same time the 13th S’firah is opening in the 700+ year old Tree of Life; occurred at the same time you are just coming into a Fifth Dimensional range of frequency; occurred at the same time you are coming into Oneness Consciousness; occurred at the same time Heaven is landing on Earth; occurred at the same time the Divine Masculine can end its exile and return to the Divine Feminine in the material world; occurred at the same time the Divine Masculine and the Divine Feminine can re-unite in Sacred Marriage to end the “exile” of Humankind from the Full Divine....

In these twelve weeks it is your job to unpack all the suitcases filled with the ancient deep unConsciousness that holds the divisions between the Divine Masculine and the Divine Feminine, and begin the great work of healing. It is a huge task, but you will not be able to enter into this next Spiral of History carrying any suitcases at all. It is time to really be whole.

You can see, in this great Solar Eclipse that moved all of you to your souls, that when the Moon was the same size as the Sun, it seemed as though She was eclipsing Him. In the past that would have perhaps been true. This time, She did not eclipse Him — rather, She fully and completely and lovingly embraced Him – as He returns to Her and to all of you on this Earthplane.

**TRUMP AND THE WOUNDED MASCULINE**

There is also no coincidence that the path of full eclipse was all the way across the continental USA. We wish to tell you about this, but it is a difficult subject because so many of you feel so passionately about this, and we very clearly present it to you from a completely apolitical place.

As we shared with you in the last transmission, the Divine Masculine carries within him extensive wounding from his experience of separation. Each of you of course, carries these woundings within your beings — and it is your own individualized version of these that you are unpacking and attending to now.

You can only begin to imagine the levels of hurt and guilt and shame and blame and distrust and resentment and fear and rage and anger and... that the masculine has taken within himself as the shadow of the separated Divine Masculine has eclipsed him over these many eons. And you can only begin to imagine how all of this must rise up and come forward into the light, to be addressed and attended to, during this very intense period of healing and growth.

All of Humankind continues to wonder how it is that against all odds, this inexperienced businessman, Donald Trump, came to vanquish all contenders and become the President of the United States, and “Leader of the Free World”. And many do not understand how it is that in spite of ongoing and unfolding current events, he continues to maintain a very loyal and committed base of loving constituents.

It is because, Dear Ones, he has taken it upon himself to serve Humankind by being the Spokesman for, the Voice of the wounded Divine Masculine. As he speaks about his hurt and his pain, as he rails against those who seem against him, he gives voice to all the wounds that the masculine in every one of you has valiantly carried since Earth lost the Garden and Source had to absent HimSelf from your Earthplane. As Donald Trump retreats further and further into a more and more isolated position, he acts out for all of you the banishment and “exile” of the Divine Masculine from the material world in which the Shechinah, the Divine Feminine, holds sway.
As you unpack all of this unConsciousness and attend to it and take care of your own hurt and pain and the hurt and pain of all those involved in this Cosmic Separation, none of you will need to bring it all forward. None of you will need to be the Voice for the “forgotten people”.

**Time to ReMember**

It is time to remember. It is time to become whole, so that none of you is forgotten or eclipsed or shadowed or exiled.

You used the previous mantra, “I Am Home” so beautifully. Now it becomes time to fill your Home. The mantra for this month will help you remember the wholeness as well as the holiness. As you use it, it enables you to remember the ones you are able to see, as well as all those you are not yet able to see.

*Say:*

**All are Divine**

Dearest Ones, this is a vast transition time. Indeed, all that has been is being “wiped” away and what is ahead, you have not yet co-created. It is a time to “hunker down” and do the deep internal work that is being called for. In this growing Oneness Consciousness, it becomes the most significant way to make your world a better place. We are all counting on you, and we know we will be redeemed because of you.

**Blessings!**

The Ascension Council  
(Six Members of the Council  
of Ascended Masters)
1. Eclipses always come in pairs: a Lunar Eclipse at the Full Moon, followed two weeks later by a Solar Eclipse at the New Moon. Those two weeks are a rich learning time. When the eclipses are powerful, those two weeks stretch into six weeks, as you feel the “shadow” of the eclipses two weeks before and two weeks after. This time, just as you complete the effects of the eclipses, you immediately begin to feel the “shadow” of the coming September Equinox — and then the “shadow” of it which follows — meaning that you will have been in a period of intense learning opportunities for 12 weeks! — from about July 24th through about October 14th.

2. Eclipses force you to stop and catch up to yourselves — to make serious mid-course corrections, to stay in better alignment with the Divine Design. These eclipses coincide with the completion of the 6,000+ year Spiral of History in which you have been, and the opening of a brand new Spiral of History.

3. In the space in between Spirals, there is finally the clarity to recognize that you have carried around with you “forever” whole suitcases full of unConscious pieces, that are so “normal” to you, they are like the “air that you breathe”. In these 12 weeks, you need to collect and claim these suitcases, and unpack all this unConscious material — so you can lighten your load enough to enter the new Spiral of History.

4. You may be dealing with issues which you can’t even conceptualize. It may seem like enormous mountains of debris which bury you every now and then. It is the stuff of entire cultures, the stuff of having been Human on Earth. You are collecting yourselves, bringing yourselves up to speed.

5. The central issue in your suitcases is between the Divine Masculine and the Divine Feminine. Both have been very wounded, and you each hold the full woundings within your beings, and have been eclipsed by their shadows.

6. These 12 weeks provide some of the most intense learning opportunities you will ever have. The work to bring the deeply unConscious into the light is exhausting work. With this work, you are lifting your vibrations — and so everything around you needs to shift and change as well. It may seem to you that everything around you is in need of repair, as though the whole world is falling apart. It is.

7. Humankind is rising into Oneness Consciousness, and so the long Separation is coming to a close. The Divine Masculine can end its “exile” and return to the Divine Feminine in the material world. Heaven is “landing” on Earth. The 13th S’firah in the 700-year old Tree of Life has opened, and the flow of energy between the Divine Masculine and the Divine Feminine is full-circling. The Sacred Marriage is coming and Humankind’s long “exile” from the Full Divine is coming to an end.

8. The August 21st Solar Eclipse was so powerful that it provided more than an opportunity for a mid-course correction. It showed you how Peace can fill the Earth as the Sun and the Moon come to be the same size. The Eclipse was a “wiping the slate clean”, a “re-boot”. It is time to be whole.

9. The Divine Masculine carries extensive wounding from the history of Separation. There are levels of hurt, guilt, shame, blame, distrust, resentment, anger, fear, and rage that each person carries within him and her self. Donald Trump has been serving Humankind by being the Voice of the wounded Divine Masculine. As he retreats into a more isolated position, he acts out the banishment and “exile” of the Divine Masculine. His job has been to call all of this forward to be attended to and healed, so that no one has to be the Spokesman for the “forgotten people”.

10. It is time to re-member, to become whole, so that no one is forgotten or eclipsed or shadowed or exiled. The mantra, “All are Divine” enables you to remember the holiness in all the ones you see, as well as all the ones you cannot yet see. It is time to do the deep internal work that will change the whole world for Good.
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